



How to Print on Fabric

This method can be used to print any image on fabric at home using an ink jet or laser printer.

Follow this method for an economical way to print an image to fabric.

1. Cut freezer paper and fabric to 9" x 11 ½".
2. Heat the iron to a medium hot setting. You want it to be hot enough to fuse without creating warps or bubbles in the freezer paper.
3. Iron fold lines and any wrinkles out of the cotton fabric.
4. Place the shiny side of freezer paper to the wrong side of your fabric.
5. Fuse the freezer paper to the fabric by ironing. Iron on the paper side first until the fabric is stuck to the paper on entire surface. Then turn over and iron over the fabric side to smooth it out. Freezer paper and fabric should be adhered over the entire surface and perfectly flat.
6. Let it cool.
7. Use rotary cutting tools to trim to final printing size 8 ½" x 11".
8. Set up to print by selecting the print options if available on your system. Select print size "letter", paper type "thick", and source as "manual" for using the manual feed tray.
9. Because printers are different, verify if fabric side or paper side has to be face up when using the manual feed tray by testing first on a piece of paper.
10. Print the fabric.
11. Carefully remove paper from fabric so as not to distort the fabric.
12. Heat-set the image on the fabric by setting iron hotter this time, regular setting for cotton fabric and no steam.
13. Press several seconds wrong side first then printed side.
14. Image should be fixed and fabric ready to use.

*Note: You will want to experiment using your printer with a small project to test if the ink your printer uses will fade or bleed when washed. It is good to know this prior to creating a large project that will be washed.